

KEEP YOUR BABY SAFE!

YES



NO



Please...

- ✓ Place your infant on his or her back in a crib with a firm, tight-fitting mattress.
- ✓ Keep pillows, quilts, comforters, pillow-like stuffed toys, and other soft items out of the crib.
- ✓ Avoid sleeping with your infant. Place the infant in his or her own crib to prevent suffocation.

Why?

Babies who sleep on their backs have a much lower risk of dying from Sudden Infant Death Syndrome (SIDS) and suffocation.